

OCTOBER 2024

THE PEAL

The Newsletter of The Orange District



A MEMBER OF THE GENERAL FEDERATION OF WOMEN'S CLUBS
INTERNATIONAL & CALIFORNIA FEDERATION OF WOMEN'S CLUBS

P.O. Box 1443, Anaheim, CA 92815



A MESSAGE FROM THE PRESIDENT

Colleen Janssen
colleenj02@gmail.com
805-813-0844

EXCITING THINGS ARE HAPPENING!

Orange District clubs truly embody my president's theme: "Be Like Jane. Get the Job Done!" I am so proud of the work being done in clubs and at the district level. I have had the opportunity to speak to five clubs so far, and look forward to being invited to speak at all clubs in our district. My presentation covers Jane Cunningham Croly, AKA Jennie June, the woman who founded GFWC in 1890, and some of the major accomplishments of our organization since our formation. Be inspired and motivated to do more, and be more, for your club at this presentation. Here's some news about exciting things happening soon:

DISTRICT MEMBERS: Orange District is making things happen. Did you know we have 20 clubs, plus the Emeritus Club? At last count, we have 1,583 members in our district. We are the biggest district in California, thanks to the efforts of our amazing clubs. News! GFWC is having a special membership drive, and more information will be coming to your club soon.

LEADERSHIP PROGRAM: Our FREE leadership program for all clubs will be held in October. What is the leadership program? It is an opportunity for club leaders, and future club leaders, to receive top-notch training in leadership skills. Whether you see yourself as a leader, or not, now is the time to sign up to attend this workshop and gain the skills you need as a club leader, leader in your community, or any other leadership opportunity. Then, if you want, you can apply through your club to be selected to represent your club as a candidate from Orange District at the CFWC LEADS program, and may even be selected to participate in the GFWC LEADS program.

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LEADS means Leadership Education And Development Seminar. The Orange District workshop is a program that you won't want to miss. See the information flier from Kathi Baldwin, the district's Leadership chairman inside this issue of The Peal. Please have your club RSVP your attendance ASAP.

SCAM ATTACK! On Friday, November 8, the Orange District Council Meeting will feature representatives from the FBI. Two special agents will share information about protecting ourselves and our clubs from SCAMS. Types of financial scams can include banking transactions, romance scams, the Grandparent Scam, and so many more ways to separate you from your money. Learn how to protect yourself and your club from a scam attack. In addition to club leaders, club members are welcome to sign up to attend, once The Peal to the meeting comes out in October. Mark the November 8 meeting on your calendar and be sure to save the date!



"Autumn leaves are like little gifts falling from the sky, making everything look magical". -Unknown





YOU EXCITED TO “GET GOING” AGAIN?



We had a(nother) terrific Summer Conference in August with wonderful speakers; an informative chairmen’s fair; great raffle prizes, and a slightly chaotic “race” to make 18 diaper cakes that we donated on-the-spot to *Crime Survivors*. We had 164 members in attendance, including almost 50 from neighboring districts.

Report-writing season will be here before you know it! The district will be offering a Zoom report-writing workshop on **Monday, November 18, 10:00 a.m.** This meeting is for all club deans (or presidents, if no dean) and OD reporting chairmen. The Zoom link and handouts will go out in early November.

The 2024-26 Orange Blossom (a procedure book for club officers and chairmen) is available on the OD website (www.cfwcorangedistrict.com). Each club has been provided with 1 hard copy. The idea is to share the pages with your club officers and chairmen. Please also encourage club members to view the Orange Blossom on our website. It’s a great resource, guaranteed to answer a *lot* of questions!

District Chairmen Projects for the 2024-26 term:

- Advocates for Children Child & youth safety: **The Joyful Child Foundation**
- Arts & Culture Orange District and CFWC annual photography contests
- Civic Engagement Support for Seniors: **Meals on Wheels**, holiday gift programs
- Domestic Violence A&P OD President’s Project: **Crime Survivors**
- Education & Libraries Books for children: **Little Free Libraries**
- Environment Planting new trees in Craig Regional Park (Fullerton)
- Health & Wellness **UNICEF Shot @ Life** campaign

Beginning in November, you’ll see a “**Collecting for Clubs**” table at council meetings. Two to three clubs at each meeting will welcome donations of specific items. We hope all clubs will be able to support a few worthy collection-type projects being done in our district. If you have a collection project going on in your club (socks, toothbrushes, wipes, cereal, etc.), please let me know. lindaqueen@roadrunner.com

A MESSAGE FROM 1ST VP/DEAN

Linda Queen
lindaqueen@roadrunner.com
714-501-5725

Membership Spotlight

I had a great time attending the CFWC Board Meeting up in Santa Clara. I cannot wait to share with you what I learned. Stay tuned!

Thank you Barber City Women's Club for submitting our first Orange District Member Spotlight! Please enjoy getting to know Bev Rosen.

Bev Rosen

The longest member of Barber City Women's Club (BCWC) grew up surrounded by the close knit community of Barber City. Her Mother Rowena Seelig, BCWC President 1946-1947, helped guide the club to community improvements. The mother of one of Bev's best friends growing up, Barbara Reed's Mom, Ruth Sennec, served as President several times between 1949 and 1984. Both girls were raised with the strong ethic to share with the community, and ideals of service to the community.

Bev was BCWC President several times, between 1961 and then 2009- 2012. She has guided the club back from almost extinction a few times. Currently, she serves as 1st Trustee; however, does much more to assist the club in fundraising, gathering items to assist our community projects. She contributes in so many ways. After Covid, during which we had curtailed our fundraising, she initiated a



A MESSAGE FROM 2ND VP MEMBERSHIP

Natalie Skullr-White
lhwcserver@gmail.com
714-856-9655

monthly dinner in which she donated the food and time to prepare the dinners, to raise funds to help with maintenance of BCWC. She accepted 20 reservations providing salad, main dish, drink and dessert initially for \$15, recently raising to \$20. She reaches out to potential and mentors new members-always assists wherever needed for the good of the club. She would have been a great event planner and caterer. She readily listens to new ideas the members may have and helps to implement them. She participates in the BCWC Monday chair yoga classes and has encouraged others to attend. When we started Mexican train Dominoes to raise money for our educational projects, Bev provided homemade snacks and encouraged friends and neighbors to attend. She is a great phone tree person, asking members to attend events, or how they would like to contribute to another event. She is eager to learn, compassionate and respectful to our members, I have found a really great friend to have her in my life; as well as an inspiration of giving and staying active.

Dana Point Woman's Club, you are on deck.

I will be emailing the schedule in case you missed it in the Summer Conference mailboxes. If you have any questions, do not hesitate to reach out.





UPDATE ON OUR ORANGE DISTRICT WEBSITE AND FACEBOOK

As your Communications Secretary for the Orange District, I am responsible for sharing communications and Public Relations. This includes the Website, Facebook, and other options. If you have any flyers or other items or pictures you want to publish, please contact or email me the flyer or other documents. I will review it and then forward it to our Website Administrator and our Facebook Administrator. They are doing a great job.

A MESSAGE FROM COMMUNICATIONS SECRETARY

Ginger Osman
gosman@uci.edu
714-656-8110

Comments from Website Administrator and Facebook Administrator:

DISTRICT WEBSITE: Bonnie Peat

This summer we took the opportunity to refresh the district website to keep it easy to use, reorganize content and add tools for our clubs. We suggest you check it out on your own at – cfwcorangedistrict.com.

Here are some of the updated pages that may be useful for your club:

- CALENDAR: 2024-2026 District meetings, a monthly calendar with district/club events, and links to club flyers for special events
- MEMBERSHIP: Club information organized by city
- MEMBER RESOURCES: Access to commonly used information
- THE PEAL/The Peal: Links to current and archived issues
- CONTACT US: Easy access for clubs/public to reach out to us

Feedback and/or recommendations are encouraged. Feel free to reach out.

FACEBOOK : Anna Vandergast

Our NEW Facebook page is live and running under “Orange District, CFWC”. We are moving over posts, and pictures from the old Facebook page to our new one. Please send flyers for fundraisers, or pictures of accomplishments to Ginger for posting. Any thoughts or recommendations for the Facebook page are welcome.

How to Create Effective Facebook Posts for Your Club



Facebook is a powerful tool for sharing, connecting, and empowering both your club members and the community. Here are some tips for Club Facebook Admins to help you make the most of your posts:

1. Know Your Audience

Tailor your posts to resonate with your club's diverse membership and the surrounding community. Understanding who you're speaking to helps make your content more relatable and engaging.

2. Plan Your Content

Use a calendar to plan your content posts around important events and dates. Schedule posts in advance using Meta Business Suite for consistent engagement.

3. What Makes a Good Facebook Post

- **Spellcheck and Grammar:** Double-check spelling and use complete sentences for clarity.
- **Speak from the Heart:** Use positive and encouraging language to connect personally.
- **One Post, One Event:** Keep things simple—one post per event, and one recap post with photos or a reel afterward.
- **Avoid Over posting:** 3-5 posts per week is plenty to keep engagement up without overwhelming your audience.
- **Positive Tone:** Be positive in your posts and when responding to comments.
- **Mix It Up:** Combine informative articles, event promos, quotes, and interactive posts (like polls).
- **Celebrate Every Contribution:** be sure to like and reply to every comment received. Every post adds value to your page, and additional comments under a post helps to drive attention to your post/page.

A MESSAGE FROM DISTRICT FACEBOOK ADMIN

Anna Vandergast
annaefrazer@gmail.com
949-874-5066

OTHER TIPS FOR YOUR FACEBOOK PAGE:

- **Use Engaging Visuals**

Visuals are key! High-quality images and videos grab attention. Tools like Canva can help create professional graphics, and features like Facebook Stories or Live bring events to life.

Photo Albums as a scrapbook: Facebook is a great place to post photos like a scrapbook. Take the time to edit photos, and tell the story as you create an album. Keep in mind to write a thoughtful description instead of just posting pictures.

- **Fostering Community**

Encourage interaction by asking questions or starting discussions to get people talking. Additionally, celebrate members' achievements with spotlights or shoutouts to build connection and recognition. Expand our reach by collaborating with other groups or organizations. Cross-promoting each other's content can introduce your club to new audiences and create valuable partnerships.



**A MESSAGE FROM
CHAIRMAN OF
ENVIRONMENT**

*Linda Holman,
enrichedspirit@aol.com
714-329-8177*

Plant A Tree

The Orange District Environment project this year is to plant trees in January 2025. Our goal is 20+ trees, one from each club. Trees and bees are among the most important elements in restoring and maintaining the health of our planet.

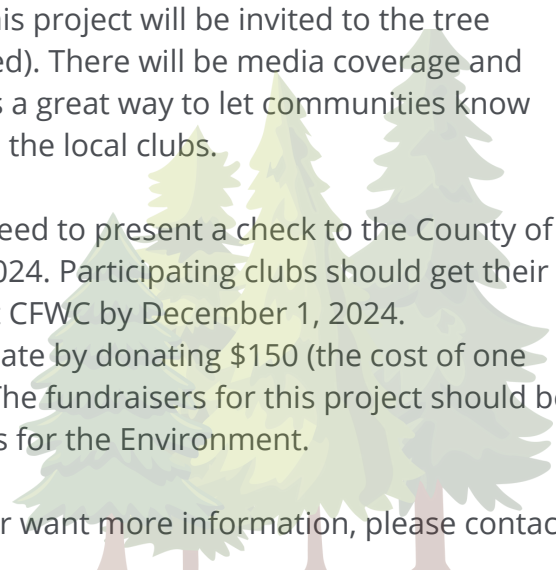
The County of Orange selected Craig Park in Fullerton for this project. This park suffered the loss of many trees and we will be helping to replace them.

Each club contributing to this project will be invited to the tree planting (no digging required). There will be media coverage and local dignitaries invited. It is a great way to let communities know about our organization and the local clubs.

To purchase the trees we need to present a check to the County of Orange by December 15, 2024. Participating clubs should get their checks in to Orange District CFWC by December 1, 2024.

I invite each club to participate by donating \$150 (the cost of one tree) towards this project. The fundraisers for this project should be part of the year-end reports for the Environment.

If you have any questions or want more information, please contact me.



It is my pleasure to serve as chairman for Health & Wellness. It is a topic that is "near and dear" to my heart, for as we age, it becomes a top priority in life.

Aside from watching our weight, we want to be sure we maintain healthy habits; i.e., walking, reading, and volunteering. In other words, stay active and positive!

When it comes to volunteering, I have chosen to concentrate on UNICEF: Shot @ Life Campaign, which I will discuss in greater detail at upcoming meetings.



**A MESSAGE FROM
CHAIRMAN OF
HEALTH & WELLNESS**

*Nettie Hershman,
nettie6@cox.net
714-747-7270*



A MESSAGE FROM CHAIRMAN OF DOMESTIC VIOLENCE AWARENESS AND PREVENTION

*Marilyn Reames,
sewnq1t21842@gmail.com
562-355-0981*

Let's DO SOMETHING together!

National Domestic Violence Awareness Month (DVAM), observed in October, is a time to recognize victims and raise awareness about the devastating impact of domestic violence.

Domestic violence is a pattern of abusive behavior in any relationship used by one partner to gain or maintain power and control over another partner. This kind of abuse affects everyone – men, women, and children of all races, religions, and cultures – without prejudice.

To help prevent domestic violence, it is important to recognize the warning signs. Signs often begin subtly and worsen over time. While not all-inclusive, the following list may indicate potential signs of domestic violence.

- Isolation – Permission is needed before making plans or speaking to friends and family members. Victims may be forced to quit their jobs or drop out of school.
- Low Self-Esteem – Feeling deserving of the abuser's violence, accepting fault for, and making excuses for their partner's behavior.
- Unexplained Injuries – Bruises, cuts, scrapes, or even broken bones that are blamed on clumsiness or are in multiple stages of healing.
- Depression or Anxiety – Persistent feelings of hopelessness, fear of angering their partner, and fear of repercussions for seeking help.

If you are concerned that someone you care about is in an abusive relationship, the [National Domestic Violence Hotline](#) recommends the following approach:

- Express your concerns to your loved one in a gentle and non-judgmental way.
- Encourage participation in activities outside of the relationship with friends and family.
- Encourage outreach to people who can provide help and guidance, such as the phone number for the [National Domestic Violence Hotline](#), 800-799-SAFE (7233).
- Continue to show your support regardless of the decisions made by your loved one.

For more information and guidance on helping someone who is experiencing domestic violence, contact the [National Domestic Violence Hotline](#) toll-free at 800-799-SAFE (7233). You can also contact your Component [Employee Assistance Program](#) for guidance and resources.

Let's DO SOMETHING together!

WHAT CAN WE DO?

As Chairman of our Orange District Domestic Violence Awareness & Prevention, I am asking each Club to support LAURA'S HOUSE this year. This amazing organization, right here in Orange County, focuses on multiple aspects of Domestic Violence with critical resources for both victims and educational resources to PREVENT Domestic violence from occurring. There are multiple ways for individual clubs to support Laura's House. Please reach out to me, or directly to them, for specific contact information. Together, we can make a difference!!!

<https://www.laurashouse.org/>

Crisis Hotline Support

Available 24 hrs a day, 7 days a week

866-498-1511 (toll free)

949-498-1511

Resources, referrals and safety planning.

Children's Programs

Provides therapeutic preschool and Kid's Club and a therapeutic after school program for Shelter residents.

Legal Services

Provides assistance with restraining orders, court support and monthly legal clinic for free attorney consultations (949) 361-3775.

Transitional Housing

Provides transitional housing (3-6 months) and supportive services to extend the amount of time for clients to work towards overall stability and goal-oriented planning in their lives.

Contact Us

24 Hour, 7 Days a week Toll Free Hotline

866-498-1511

949-498-1511

Counseling & Resource Center & Corporate Office (South Orange County)

949-361-3775

Domestic Violence Advocacy Center (North Orange County)

714-450-6131

Emergency Shelter

(45-day program) Provides shelter, support and case management for women, men and children. Provides safe refuge through residential shelter, therapy, life skills and case management.

Counseling & Resource Center

Provides individual and group counseling, workshops and domestic violence information and resources. (949) 361-3775.

Outreach & Education

Provides community education, prevention education and community engagement.



ALL Orange District Clubs – What can you do RIGHT NOW to help end hunger?

Step 1: Tell GFWC that your club is participating in NDS 2024. Do this by signing up via the link below. Registration open thru 9/27.

Step 2: Decide on your project. Perhaps a food drive; a shift at a food bank; or a donation to a local organization focused on food insecurity (Second Harvest, Feeding America, Meals on Wheels...)

Step 3: Promote the project, engage your members and the community. Make a difference in the lives of others.

IMPORTANT! Clubs can register participation NOW and decide on their project later! The project does NOT have to occur specifically on Sept 28.

[Register Your Club](#)



"AS YOU GROW OLDER, YOU WILL DISCOVER THAT YOU HAVE TWO HANDS — ONE FOR HELPING YOURSELF, THE OTHER FOR HELPING OTHERS".

-AUDREY HEPBURN



Area C Conference

**Join our
Member-SHIP
Saturday
October 5, 2024
10:00 am - 3:00 pm
\$40 includes gourmet hot lunch
RSVPs Must be received by
September 25**

Special CFWC Guests!
President Sonya Matthies
1st VP Wendy Curran
2nd VP Cindy Sanders



The Grand
4101 E. Willow Street
Long Beach, CA 90815

Speakers - Workshops - Vendors - Prizes - Silent Auction
Learn Something, Meet Someone & Have Fun!



RSVP AREA C CONFERENCE
OCTOBER 5, 2024 at The Grand
RSVP and payment due by Sept 25, 2024
Mail to: Area C RSVP
c/o Orange District CFWC
P.O. Box 1443, Anaheim, CA 92815

Club Name: _____

District (circle one): Los Cerritos **Orange** Marina Sierra-Cahuenga

Contact Name: _____ **Email:** _____

NAME	CHICKEN PICCATA	BUTTERNUT SQUASH RAVIOLI
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Continue on another page, if needed.

attending _____ **x \$40/person = \$** _____ **Check # enclosed:** _____

CHECK PAYABLE TO "ORANGE DISTRICT, CFWC"

ORANGE DISTRICT, CFWC

LEADS

WORKSHOP

Leadership Workshop to Unlock Potential

Featuring: **Yorba Linda Mayor**
Tara Campbell

COLLEEN JANSSEN
ORANGE DISTRICT PRESIDENT

MARCIA WILLET
ORANGE DISTRICT
PARLIAMENTARIAN

Monday, October 28, 2024

9:00am-12:00pm

**Placentia Round Table
Women's Club
Clubhouse
901 N. Bradford Ave.
Placentia**

ALL CLUB
MEMBERS
IN
ORANGE
DISTRICT
INVITED



Kathibaldwin@aol.com 714-875-5976

RSVP NOW!

Barber City Women's Club Sunday September 29, 2024



***Handmade Craft Fair & Bake Sale
Lunch 11-2 \$15***

**14046 Rancho Rd
Westminster, CA 92683**

Questions? nadra@aol.com



Tustin Area Woman's Club

QUARTERMANIA

Fundraiser

Sunday, Nov 17

Doors Open 12:30 - First Bid at 1 pm

Rock N Brews - Tustin
1222 Irvine Blvd 92780

\$20 PER PLAYER



Tickets Contact
Barbara Succi - 949-230-4410
Barbara George - 949-246-6795

LNWC Sunset Harbor Cruise Fundraiser



Join us for the Laguna Niguel Woman's Club's Sunset Harbor Cruise fundraiser on October 25th from from 5:00 to 6:30 pm. We will "set sail" at 5:00 pm. We had an amazing sunset on last year's cruise and are looking forward to another one!

Price - \$45 per person, guests are welcome
Leaving from - Dana Point Harbor

Please send a checks payable to: LNWC
Send to:
Laguna Niguel Woman's Club
P.O. Box 7112
Laguna Niguel, CA 92607-7112

Payment through Zelle
lnwc1969@gmail.com

Deadline for reservations is October 20th.





Woman's Club of Orange
HOLIDAY BOUTIQUE &
CRAFT
fair

SAT. OCT 12TH, 2024 | 9AM TIL 4PM

FREE ADMISSION, OPEN TO THE PUBLIC
BRING A FRIEND, RAFFLE
SWEET SHOP &
LUNCH MEAL DEAL AVAILABLE,
HALLOWEEN, CHRISTMAS & THANKSGIVING ITEMS

WOMANSClubOFORANGE.ORG
QUESTIONS CALL DIANA DIAZ
(949) 491-5660



PLACENTIA ROUND TABLE WOMEN'S CLUB PRESENTS THE
38TH ANNUAL

Festival of Trees

Sunday, November 17, 2024

Doors Open 11:00 am - Lunch at 1:00 pm

Hyatt Regency

11999 Harbor Boulevard
Garden Grove, CA 92840

Tickets and Information:

JoAnn Sowards 714-423-6551

WWW.PLACENTIAWOMENSCLUB.ORG





SAVE

The Date

HOLIDAY HOME TOUR

Presented by
**The Rossmoor Woman's
Club**

**Sunday, Dec. 8, 2024
11am to 4pm**

Also, join us in the gardens behind
Flags With a Flair
for Complimentary Refreshments, Raffle Baskets &
Entertainment.
Plus, don't forget to visit the Shops @ Arbor Village

Tickets \$25

You can buy tickets the day of the tour or scan
QR code to buy in advance after October 7th.



For more information
Visit our website at: www.rossmoorwomansclub.com
All net proceeds go to local charities

HELP US TO HELP OTHERS

San Clemente Junior Woman's Club

Project Angel Tree

DID YOU KNOW?

Each year, the San Clemente Junior Woman's club hosts Angel Trees throughout our community.

Our goal is to fulfill gift wishes made by individuals from the Boys & Girls Club, Family Assistance Ministries, and San Clemente Senior Center.

WHAT IS PROJECT ANGEL TREE?

The trees are hung with wishes on the back of tags,

You can help!

Visit one our Angel Trees at the following locations:

Community Center
Downtown San Clemente
100 N Calle Seville
San Clemente, CA 92672

Aquatics Center
Vista Hermosa Sports Park
987 Avenida Vista Hermosa
San Clemente, CA 92673

November 21st – December 13th

STAY TUNED!

Virtual Tree available soon on our website!



LA HABRA WOMAN'S CLUB 8TH ANNUAL QUARTERMANIA



DOORS OPEN AT 12:15PM
AUCTION BEGINS PROMPTLY AT 1:00PM

TICKETS ARE \$30
LUNCH WILL BE SERVED

6TH
OCTOBER
2024

PROCEEDS BENEFIT GRADUATING
SENIORS WITH SCHOLARSHIPS!

Reservations are a must!

Call Natalie @ 714-856-9655 or email lhwcserver@gmail.com

La Habra Community Center
101 W. La Habra Blvd., La Habra CA 90631

Mail checks payable to La Habra Woman's Club

Venmo: @lahabra-womansclub

Don't forget your quarters



San Clemente Woman's Club
FUNdraiser
Wednesday, October 30, 11-3pm
Dana Point Community House
24642 San Juan Avenue, Dana Point, CA



Quarter Mania is an interactive auction to bid on items with your paddle and quarters.
Yes, it's that easy. Just bring a roll of quarters!
We have lots of amazing vendors participating!

11:00 am

Doors open for Check-In, Boutique
Shopping and Lunch

12 noon

Quarter Mania begins

\$35 per ticket/\$38 Online

Price includes paddle, raffle ticket,
lunch and a glass of wine or other
beverage

*Attire: wear your Halloween
costume!!*

RESERVATIONS NEEDED

**Please RSVP and purchase tickets
by October 23**

Make checks payable to:

SCWC
PO Box 413
San Clemente, CA 92674-0413

Pay online at:
www.sanclementewomansclub.org

For more information:
Liz O'Cain
805-795-0276
lizocain@aol.com



*Woman's Civic Club of Garden Grove
Cordially Invites You to Our Fundraiser*



ANNUAL HOLIDAY CRAFT BOUTIQUE

Come
Visit
Santa



Free Admission



Unique Holiday
Gifts



Raffle

October 19, 2024
9:00 a.m. to 3:00 p.m.

**9501 Chapman Avenue
Garden Grove, CA 92841**





FALL CRAFT FAIR

170+ Vendors! Free Admission! Free Parking!

Saturday, Nov. 2nd
9 AM to 4 PM

Sunday, Nov. 3rd
10 AM to 4 PM

Yorba Linda Community Center
4501 Casa Loma Ave 92886



 YorbaLindaWomansClubCraftFair

 @YLWCCraftFair



Dine In / Take Out



Best Salsa North
of the Border

MEXICAN RESTAURANTS
So. Cal.

Come Support the
**Ebell- Irvine
Women's Club**
at SUPER MEX!

Location:

14370 Culver Drive #F

Irvine, Ca 92604

949-726-1608 or Order online @

www.irvine.supermex.com

Date: **Wednesday, September 25, 2024**

Time: 11 am - 9pm

Dine In or Take Out

20% of all pre-tax proceeds will be donated to the
Ebell Irvine Women's Club when you present this
flyer* .

*Please present this flyer at the register (for take-out orders)
or to your server (if you are dining in) to contribute your 20%.