

SEPTEMBER 2023 THE CALL

The Newsletter of The Orange District





Orange District September
IN-PERSON
Council Meeting
Friday, September 8, 2023
10:00 am

Ebell Club of Anaheim

226 N. Helena St. Anaheim, 92805 Anaheim, 92805



A MESSAGE FROM THE PRESIDENT

Sandy Tessier jstessier@msn.com 562-234-3371



IT'S SEPTEMBER! READY – SET – GO!

The Orange District club year has begun. I am looking forward to a very exciting year ahead with lots of engaging events.

I have attached the Orange District calendar here so you can make a plan to invite your club members.

I am very happy to announce that Suzanne Vaugine has consented to serve as our recording secretary for 2023 – 2024. Thank you so much, Suzanne.

Pam Pearson who is a member of the Rossmoor Woman's Club has agreed to be our Orange District Meeting Planner. She is the person to whom you will send your reservation request to our September Orange District meeting.

Another addition is Monica Dekany-Beeker from the Woman's Club of Cypress. She will be serving as our new Woman's History and Resource Center Chair. Thanks, Monica.

Our 2023 Orange District fundraiser will be held on Saturday, September 23. It is a matinee presentation of the play Steel Magnolias at the Phantom Projects Theater (the old Depot Theater in La Habra). Bring your family and friends for a great time! See the attached flyer for details. This will be so much fun! I can't wait!

The September 8th Council meeting will feature Cindy Sanders who is coming all the way from Tracy, California, and bringing her puppy with her. Her topic is "Service Dogs and the Lives They Save."

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Orange District September IN-PERSON Council Meeting Friday, September 8, 2023

226 N. Helena St. Anaheim, 92805 Anaheim, 92805

The deadline to RSVP is Friday, August 25, 2023

Cost \$40 per person

Lunch is Jumbo Sandwiches, Served with chips and a side salad.

Choose from;

- · Turkey Breast on a Baguette
- · Honey Ham on a Baguette
- · Tuna Salad on Focaccia

For any special dietary request, please submit with reservations as no changes may be made on the day of the meeting.

Each club is responsible for making reservations by the deadline and submitting one club check for payment at the council meeting.

Please RSVP by emailing your club name, list of attendees, and lunch choice to

Pam Pearson, Meeting Planner, p.pearson@earthlink.net 714-717-1803 by Friday, August 25.

ORANGE DISTRICT COUNCIL MEETING AGENDA

Friday, September 8, 2023

CALL TO ORDER

Sandy Tessier, President

PLEDGE OF ALLEGIANCE

Judy Wagner, Civic Engagement Chair

INSPIRATION

Linda Holman, Inspiration

WELCOME

Pat Ogren, President of Ebell Club of Anaheim

INTRODUCTIONS

Sandy Tessier, President

SPEAKER

Cindy Sanders, CFWC Recording Secretary "Service Dogs and the Lives They Save"

SPOTLIGHT ON PROGRAM CHAIRS EXECUTIVE COMMITTEE REPORTS

Colleen Janssen, 1st VP/Dean

BLESSING

Linda Holman, Inspiration

LUNCH

RECONVENE

PANEL DISCUSSION SUCCESSFUL STRATEGIES FOR CLUBS BY CLUBS

Colleen Janssen, 1st VP/Dean

DISTRICT CHAIR REPORTS

Colleen Janssen, 1st VP/Dean

CLUB ANNOUNCEMENTS

OPPORTUNITY DRAWING

Natalie Skullr-White, 3rd V.P.

ADJOURNMENT FOLLOWING THE COLLECT

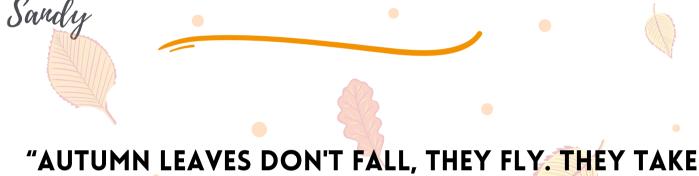
Linda Queen, 2nd V.P.

President's Message (Cont Page 1)

This meeting we will be doing something different. In addition to our speaker, we will feature a panel discussion. Some representatives from a few clubs will share some of their successful activities. They will be doing more than just mentioning these successful programs; they will be sharing how they accomplish these successes. Questions will be welcomed.

At every meeting this year I hope that you learn something, meet someone or strengthen a friendship, and HAVE FUN!

See you at the September meeting!



"AUTUMN LEAVES DON'T FALL, THEY FLY. THEY TAKE
THEIR TIME AND WANDER ON THIS THEIR ONLY
CHANCE TO SOAR."

- DELIA OWENS, WHERE THE CRAWDADS SING



A MESSAGE FROM 1ST VP/DEAN

Colleen Janssen colleenj02@gmail.com 805-813-0844

ANNOUNCEMENTS& CONGRATULATIONS!

- 1) **SUMMER CONFERENCE:** This annual event, held August 11, was attended by not only our Orange District clubs, but clubs from surrounding districts. Each year, this is an opportunity for training and interaction with our club friends. Lots of conversation, great speakers, vendors, prizes, and time to relax and learn. Plan to attend next summer. Date TBA.
- 2) **SAVE THE DATE!** Saturday, October 14, is the Area C Conference at The Grand in Long Beach. This is a fabulous opportunity to meet with club members from around OC, LA, and more. Speakers will include our CFWC President, Vice-President, Membership Chair, and more. The Call for the meeting is coming out soon. Please RSVP-ASAP
- **3) SAVE THE DATE!** If you are your club's Dean, 1st VP, or person who oversees report writing, please MARK THIS DATE on your calendar: Thursday, November 2, 2023, 10:00 am. This is the date and time all clubs need to have their representative attend the ZOOM Report Writing Workshop. We will cover the 2023 form, any special instructions, and more.
- **4) SAVE THE DATE!** If you are a District Chairman, or will be writing a District report, please MARK THIS DATE on your calendar: Thursday, November 2, 2023, 10:00 am. This is the date and time all clubs need to have their representative attend the ZOOM Report Writing Workshop. We will cover the 2023 form, any special instructions, and more.
- **5) WINNERS WINNERS WINNERS!** At the CFWC Convention in May many of our clubs, and our District, won statewide awards. Yay! The certificates will be presented to winners at the September 8 Orange District Council Meeting. Be sure to be there to receive your recognition.

1st VP/Dean Message (Cont Page 5)

ADVOCATES FOR CHILDREN

Large Club: Yorba Linda Woman's Club

Large District: Orange District - Carla Jones, Chairman

ARTS & CULTURE

Medium Club: Ebell Club of Fullerton

CIVIC ENGAGEMENT & OUTREACH

Large Club: Fountain Valley Woman's Club

Large District: Orange District – Judy Wagner, Chairman

DOMESTIC & SEXUAL VIOLENCE AWARENESS AND PREVENTION

Large District: Orange District – Lucy Park, Chairman

EDUCATION & LIBRARIES

Large Club: Yorba Linda Woman's Club

ENVIRONMENT

Intermediate Club: Woman's Club of Fullerton

Large District: Orange District – Veronica Gonzalez, Chairman

FUNDRAISING & DEVELOPMENT

Small Club: The Ebell Club of Irvine

Creativity Award: San Clemente Junior Woman's Club

HEALTH & WELLNESS

Small Club: San Clemente Junior Woman's Club Intermediate Club: La Habra Woman's Club

Creativity Award: Ebell Club of Irvine

LEADERSHIP

Large District: Orange District – Louise Hernandez, Chairman

LEGISLATION & PUBLIC POLICY

Large Club: GFWC Woman's Club of Cypress

MEMBERSHIP, GFWC ADVANCEMENT AREA

Large Club: GFWC Woman's Club of Cypress

Large District: Orange District – Linda Queen, 2nd VP/Membership

WOMEN'S HISTORY & RESOURCE CENTER

Intermediate Club: Woman's Club of Fullerton

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1st VP/Dean Message (Cont Page 5)

- **6) EVEN MORE WINNERS!** The GFWC Convention award announcements from June will be shared after the CFWC Board Meeting in late September. CFWC President, Barbara Briley Beard accepted the awards on behalf of our state organization and will present them to the Districts at the September board meeting. They will then be presented to clubs at the November Orange District Council meeting.
- **7) REPORT PLANNING:** Please start collecting information and data for next year's reports. They won't be due until January 12, 2024, but it's always a great time to start organizing the amazing work you have been doing from January 1-December 31, 2023, so you can SPARKLE and SHINE on this year's reports.





A MESSAGE FROM 2ND VP MEMBERSHIP

Linda Queen lindaqueen@roadrunner.com 714-501-5725

Update on Membership

We often say clubs are "dark" during the summer, but that just ain't the case. There may not be the usual schedule of meetings; however, most Orange District clubs DO organize exciting outings, dinners at new places, lunches at a nice museum, ball games, concerts in the park, work on favorite service projects...and it's easy to bring a friend along!

The rewarding result is that fun events like these almost guarantee new club members! Who can resist joining our organization when they see us out having fun and enjoying being together? As the saying goes: Club members who play together, stay together!

Woo-hoo & hearty congratulations to these clubs – they've gained at least 5 new members (NM) since June:

WC of Cypress	8 NMs
Dana Point WC	11 NMs
La Habra WC	7 NMs
WC of Laguna Beach	19 NMs
WC of Orange	5 NMs
Rossmoor WC	6 NMs

As of July 31, Orange District has 1,526 members for 2023-2024. Wow! Please remember two things related to dues:

- 1) District dues are now \$2.00 pp (eff. 8/1/23).
- 2) Prompt remittance of OD/CF/GF dues is required for every new and/or returning member.

The Monthly Dues Remittance Form is on the district website (cfwcorangedistrict.com).



A MESSAGE FROM 3RD VP WAYS & MEANS

Natalie Skullr-White Ihwcserves@gmail.com 714-856-9655



See You At The Show

As we begin to come back to our clubs after a well-deserved break, I want to thank those who have already purchased their tickets to our End of Summer FUNdraiser...Steel Magnolias, a play by Robert Harling.

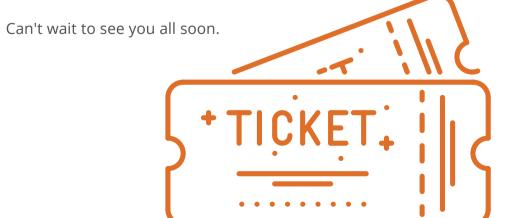
It will be held on Saturday, September 23rd, at The Phantom Projects Theater at The La Habra Depot. We will have a reception beginning at 1:00 pm with a curtain call of 2:00 pm. Tickets are \$40.

While your club can take reservations and send one club check, I can also take individual reservations. Checks made payable to Orange District CFWC, Venmo, and Zelle will be accepted. Mail checks to: Natalie Skullr-White 340 Marie St., La Habra CA 90631.

This event is also open to family and friends. Please contact Natalie at 714-856-9655 for additional information. A flyer is attached to this CALL for your use.

We also have Orange District Pins available for sale for \$10 each. It is a general Orange District pin and can be used for many years to come. The order form and photo of the pin are enclosed.

Tickets to Steel Magnolias and Orange District Pins will be sold at the Summer Conference as well as the September Council Meeting on September 8th.





A MESSAGE FROM CHAIRMAN OF DOMESTIC VIOLENCE AWARENESS & PREVENTION

Lucy Park (714)-474-8142 historyferret@gmail.com

More Cyber Safety Resources to Explore

Sextortion the Documentary http://sextortionfilm.com/ for more information. Or You can rent it or purchase on Amazon Prime and Apple video to share with friends and family.

http://cybersafetycop.com/ Parenting in the Digital World:A Step-By-Step Guide to Internet Safety. Available on Amazon and his website.

Author Clayton Cranford regularly gives parental seminars. You can check out his speaking schedule to attend.

Based on Clayton Cranford's acclaimed book, Parenting in a Digital World, this 2-hour cyber safety seminar will prepare parents to effectively supervise their children on social media sites, protect them from online threats and bring technological balance back to their homes. The presentation is taught by law enforcement officers who have served as juvenile investigators.

http://millionkids.org/ Keeping Kids Safe from Predators. It all began with a simple idea. If the bad guys are exploiting over a million children a year, then the good guys must help even more. It takes all of us together to fight back. With the efforts of our partners and your support, Million Kids can make the world a safer place for kids. Check out Opal Singleton's book, Seduced: The Grooming of America's Teenager. It's Available on Amazon in Paperback and Kindle.

(Cont. Page 10)

More Cyber Safety Resources to Explore (Cont Page 9)

http://takeitdown.ncmec.org/ Take it Down. Having nudes online is scary, but there is hope to take it down. This service is one step you can take to help remove online nude, partially nude or sexually explicit photos taken before you were 18. Go online and get started on this free service. You can remain anonymous while using the service and you won't have to send your images to anyone. Take it Down will work on public or encrypted online platforms that have agreed to participate.

It's scary when it happens to you, but it can happen to anyone. You've taken the first step and we're here to help you with the next steps. Take it Down is a service provided by the National Center for Missing and Exploited Children.





A MESSAGE FROM CHAIRMAN OF EDUCATION AND LIBRARIES

Susan Denley Susandenley4804.gmail.com 562-430-5762

Reading and Literacy Celebrations, 2023-2024

As women's clubs, we have a rich history of supporting education, literacy and libraries. The American Library Association in the 1930s credited women's clubs with having founded more than 474 free public libraries and 4,655 traveling libraries — in total, about 75 % of America's public libraries. We still make libraries and education a priority. Donating books and educational materials, funding scholarships, organizing Read-a-Thons and aiding libraries are just a few of the ways we help in these areas. As we start our club year, I challenge you to participate in one or more of these literacy-themed events or celebrations in the coming year.

SEPTEMBER

National Literacy Month

By getting books in the hands of kids, you can help engage young readers in learning and help them see how school, community, and the world beyond are connected. So, take your youngest reader to the library, get some great books, and sit down together to read out loud. Help your more advanced readers find books they'll enjoy on their own. You can set up an account with your local library to borrow e-books that can be downloaded to smartphones, tablets, or laptops.

Take time to share the reading experience with the children in your life. Ask them to read their favorite books to you and then ask questions about them. Talk about your favorite books and authors, and ask your young readers about theirs.

Don't forget adult readers. You can donate books to local senior facilities or arrange to read aloud to someone who is ill or disabled. You can teach seniors to use technology to access e-books or audiobooks. The opportunities are endless.

Hispanic Heritage Month

Sept 15-Oct. 15, 2023: The website Colorín Colorado has ways to salute the rich history of Hispanic culture with games, bilingual books, lesson plans, activities for school and home, and links to multimedia resources on Hispanic culture.

https://www.colorincolorado.org/books-authors/literacy-calendar/hispanic-heritage-month

Libraries & Literacy (Cont. From Page 12)

October

National Book Month

The month-long celebration focuses on the importance of reading, writing and literature. National Book Month is also a time to honor the country's best books and authors.

Banned Books Week

Oct. 1-7, 2023 Banned Books Week is an annual event celebrating the freedom to read. It spotlights current and historical attempts to censor books in libraries and schools. It brings together the entire book community — librarians, booksellers, publishers, journalists, teachers, and readers of all types — in shared support of the freedom to seek and to express ideas, even those some consider unorthodox or unpopular. Some things you might do are:

- Borrow a library book at risk of being banned.
- Write a letter to the editor or to an elected leader.
- Attend a meeting of local officials or library or school board.
- Stage a public event or peaceful protest in support of libraries.
- Report censorship.

•

https://bannedbooksweek.org/

TeenTober

TeenTober is a nationwide celebration hosted by libraries every October that aims to celebrate teens, promote year-round teen services and find innovative ways to help teens learn new skills, and fuel their passions in and outside the library. Help a teen find the library! https://www.ala.org/yalsa/teentober

Learning Disabilities and Dyslexia Awareness Month

During this month, Reading Rockets asks you to teach one person one new thing about learning disabilities and dyslexia. Watch videos with children's authors and illustrators who have learning disabilities, and read our collection of inspirational stories and about growing up with LD. https://www.readingrockets.org/calendar/ld

Media Literacy Week

Oct. 23-27, 2023. U.S. Media Literacy Week will celebrate one of the five components of media literacy's definition each day. Organizers define media literacy as, "the ability to **ACCESS, ANALYZE, EVALUATE, CREATE**, and **ACT** using all forms of communication." By signing up to participate in Media Literacy Week, you will join hundreds of others who are helping amplify the importance of media literacy education across the United States. For more information, go to https://medialiteracyweek.us/

Libraries & Literacy (Cont Page from 13)

November

Jumpstart's Read for the Record

Oct. 26, 2023. Jump into this joyful campaign that brings young children together with adults to read the same book, on the same day, in communities all over the world. This year's book is "With Lots of Love" by Jenny Torres Sanchez, illustrated by Andre Colin. Perhaps you can organize a day of reading at a local library or school, or donate copies of the book to an organization that serves children. For more information, go to https://www.jstart.org/jumpstarts-read-for-the-record/

National Novel Writing Month

National Novel Writing Month began in 1999 as a daunting but straightforward challenge: to write 50,000 words of a novel during the thirty days of November. NaNoWriMo has grown into a nonprofit that runs year-round programs across 646 regions around the world and in thousands of classrooms, and empowers nearly half a million people to access the power of creative writing.

https://nanowrimo.org/

Children's Book Week

Nov. 6-12, 2023. This is one of two annual weeks sponsored by Every Child a Reader to celebrate children's books and reading (the other is in May). Established in 1919, it is the longest-running national literacy initiative in the country, now celebrating its 103rd anniversary with over 2,000 participating schools, libraries and bookstores in all 50 states. Find ideas on the website

https://everychildareader.net/cbw/

American Indian, Alaska Native and Hawaiian Heritage Month

The website Colorín Colorado has ideas for how to celebrate the rich history and traditions of American indigenous peoples with children's books, activities for school and home, and links to lesson plans and more online resources about American Indian culture. https://www.colorincolorado.org/books-authors/literacy-calendar/american-indian-alaska-native-and-native-hawaiian-heritage
For ways for adults to honor Native American culture see https://www.cnn.com/2019/11/02/us/national-native-american-heritage-month-trnd

National Family Literacy Month

The California Department of Education encourages you to annually recognize November as National Family Literacy Month. It's a celebration raising awareness and fostering family literacy by encouraging parents and guardians to read to their children. For some ideas of things to do, check out https://www.loyola.edu/school-education/blog/2019/ten-ways-to-celebrate-national-family-literacy-month

Libraries & Literacy (Cont From Page 14)

December

Write to a Friend Month

Writing holiday cards and letters is traditional this time of year. You can also celebrate by donating cards to senior and rehab facilities so their residents can write their own. For ways to help children learn the art of correspondence, check out the ideas on this site https://writeshop.com/write-to-a-friend-month/

January 2024

National Braille Literacy Month and Day

In January, recognize the legally blind and visually impaired for National Braille Literacy Month and Day, Jan. 4. The observance raises awareness of the importance of Braille to the blind and visually impaired community. As audio technology progresses, the use of Braille dwindles. However, its significance remains, especially in the workplace and the classroom. The month offers the opportunity to learn about and appreciate Braille. It's also an excellent time to explore Braille's history. https://brailleinstitute.org/
https://www.afb.org/

February

Black History Month

Celebrate and learn about Black history and culture through video interviews with children's book authors and illustrators, themed booklists, activities for the classroom, home, and community, and websites for kids. https://www.readingrockets.org/calendar/blackhistory

Children's Authors and Illustrators Week

The first week of February. During this annual event, authors and illustrators from the Children's Authors Network (CAN!) visit schools, libraries, and children's shelters all over the country. Lively storytelling makes books spring to life, and inspires a lifelong love of reading and writing. Find resources to help children celebrate at https://www.readwritethink.org/classroom-resources/calendar-activities/celebrate-children-authors-illustrators

Safer Internet Day

Feb 6, 2024. Safer Internet Day is an awareness-raising campaign that started in Europe in 2004 and is now celebrated in more than 200 countries. Globally, it's coordinated by the <u>Brussels-based Insafe/INHOPE Network</u>, with the support of the European Commission. <u>ConnectSafely</u> has been the official U.S. host since 2013. Safer Internet Day aims to create both a safer and better internet, where everyone is empowered to use technology responsibly, respectfully, critically, and creatively. The campaign aims to reach out to

children and young people, parents, teachers, educators, and social workers, as well as industry, decision-makers and politicians, to encourage everyone to play their part in creating a better internet. You can write to local politicians in support of a safer internet, and organize training for your club members or community.

https://www.saferinternetday.org/en-US/

Libraries & Literacy (Cont From Page 15)

World Read Aloud Day

Feb. 7, 2024, First Held each year on the first Wednesday in February, It's a good day to read out loud to someone. Perhaps volunteer to read at a school, library or preschool program, or provide books for them. Make a YouTube video you can share from a distance. Organize a community read-a-thon.

https://www.litworld.org/worldreadaloudday

Valentine's Day

Valentine's Day on Feb 14 is a perfect opportunity to practice creative writing skills — and take a fresh look at poetry, figurative language, and wordplay. For ideas on how to help children use the day to improve literacy skills, see https://www.readingrockets.org/calendar/valentine

March

NEA's Read Across America

March 2 — Dr. Seuss' birthday — is known as Read Across America Day. It is part of a year around an initiative by the NEA to help nurture the joy of reading in kids. Find resources for bringing diverse books into classrooms, activities for school and home, booklists, and more on the website

https://www.nea.org/professional-excellence/student-engagement/read-across-america

Freedom of Information Day

March 16. Freedom of Information (FOI) Day is an annual event on or near March 16, the birthday of James Madison, who is widely regarded as the Father of the Constitution and the foremost advocate for openness in government. Each year, the James Madison Award and the Eileen Cooke State & Local Madison Award are presented by ALA on Freedom of Information Day to recognize those individuals or groups that have championed, protected, and promoted public access to government information and the public's right to know. https://www.ala.org/advocacy/FOI-Day

April

National Poetry Month

Launched by the Academy of American Poets in April 1996, National Poetry Month reminds the public that poets have an integral role to play in our culture and that poetry matters. Over the years, it has become one of the largest literary celebrations in the world, with tens of millions of readers, students, K–12 teachers, librarians, booksellers, literary events curators, publishers, families, and—of course—poets, marking poetry's important place in our lives. Sponsor a poetry writing contest, donate books of poetry to your school library, or host a poetry slam. https://poets.org/national-poetry-month

Libraries & Literacy (Cont From Page 16)

School Library Month

School Library Month is celebrated in April every year. Many school library programs celebrate the month along with National Library Week and National School Librarian Day (April 4, 2024).

Drop Everything and Read Day

April 12. Every year on Beverly Cleary's birthday, families are encouraged to put aside all distractions and spend time enjoying books together. Check our the Reading Rockets website for ideas.

https://www.readingrockets.org/calendar/dear

National Library Week

April 7-13, 2024. First sponsored in 1958, National Library Week is a national observance sponsored by the American Library Association (ALA) and libraries across the country each April. It is a time to celebrate the contributions of our nation's libraries and librarians and to promote library use and support. All types of libraries -- school, public, academic and special -- participate https://www.ala.org/

National Library Workers Day

Celebrated on the Tuesday of National Library Week, the purpose is to recognize all library workers, including librarians, support staff and others who make library service possible every day.



Libraries & Literacy (Cont From Page 17)

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National Library Workers Day

Celebrated on the Tuesday of National Library Week, the purpose is to recognize all library workers, including librarians, support staff, and others who make library service possible every day. https://alaapa.org/nlwd/

May

Teacher Appreciation Week

May 6-May 10, 2024. One great teacher can make all the difference. There are innumerable ways your club can show support for teachers and classrooms. Perhaps adopt a school, see what they need and support a fund drive. For more ideas, see the website https://www.ptotoday.com/pto-today-articles/article/1407-teacher-appreciation-week-2024-resources

Children's Book Week

May 2-8, 2024. This is one of two annual weeks sponsored by Every Child a Reader to celebrate children's books and reading (the other is in November). Established in 1919, it is the longest-running national literacy initiative in the country, now celebrating its 102nd anniversary with over 2,000 participating schools, libraries, and bookstores in all 50 states. Find ideas on the website https://everychildareader.net/cbw/

Libraries & Literacy (Cont. From Page 18)

Asian Pacific American Heritage Month

Throughout May, celebrate family traditions and the rich diversity of Asian and Pacific Americans with books, author interviews, activities, and other multimedia educational resources. For activities and ideas see the website https://asianpacificheritage.gov/

June-August

Summer reading

Dive into reading and help kids have a fun, enriching summertime. Now might be a good time to start a Little Library in your front yard or local park. Get ideas on the Start with a Book website at https://www.startwithabook.org/

It's also a good time for you to jump into the GFWC ESO reading program. https://www.gfwc.org/what-we-do/community-service-programs/epsilon-sigma-omicron/





A MESSAGE FROM CHAIRMAN OF CIVIC ENGAGEMENT AND OUTREACH

Judy Wagner, tweetywag@aol.com 714-995-4242 714-308-7502

Get Ready For the Coming Year

It is time to start thinking about what we can do in the coming year to help our communities, Veterans and First Responders. There are so many different ways that we can help those who are in need. While the following may seem to be a little of the same as what I suggested last year, they are still important.

·CELEBRATE PATRIOTISM

Some of the Clubs have monthly Legislation and Public Policy Meeting meetings on ZOOM. It enables you to have speakers join the meeting who are unable to attend but can join on ZOOM. Various Legislators are invited to join the meeting and it is very interesting. The members can ask questions. This is also a good way to help people to understand some of the Legislation that is presented to the State.

REMEMBER OUR MILITARY

Observe Veterans Day by honoring Veterans in your Club with a special day. One of the best ways to honor a Woman Veteran in your Club is to contact the Quits of Valor at info@socalgov.org – Barbara Winkler @ 562-925-7673. They are located in Belflower, CA 17603 Ardmore. They are a Non-Profit foundation whose goal is to cover ALL active-duty and veterans. A donation is always appreciated.

Collecting the Sunday Funnies to pack boxes that are sent to the Military is still ongoing. Buddy Boxes' are always welcome during the Holidays and other times of the year. You can check with the Long Beach Veterans Hospital – Laurie Rudisill@va.gov for information on how you can help with other donations to the Women's Health Center.

OUTREACH SUGGESTIONS – These suggestions are continuing every year.

Contact your local Fire Department to provide safety awareness and Disaster Preparedness toolkit for their homes

Work with the local Senior Centers on helping deliver MEALS ON WHEELS and KINDNESS BAGS.

Don't forget your local Police and Fire Departments and deliver a 'GOODIE BAG' to them. **Work with local schools** to help children who need shoes, backpacks, supplies, and clothing to go to school.

Collect canned food or clothing for the local shelters or Churches to hand out to the people in need

Check with your local City to find a Family to support at Christmas or Thanksgiving. (Toys, food, clothing, tree, etc.)



A MESSAGE FROM CHAIRMAN OF WOMEN'S HISTORY AND RESOURCE CENTER

Monica Dekany-Beeker mdekanybeeker@gmail.com 714-515-9140

Women Helping Women

As we prepare to celebrate 40 years of the WHRC, it's a perfect time to reflect on how we as individual women influence and impact our community. As club members, the work we do directly impacts those around us in positive and meaningful ways. Taking the time to reflect on the work that's been done helps to prepare for projects and events in the future. Here are a few tips on what you can do as a member and/or a leader in your organization to make the most of your volunteer opportunities:

- 1. Be Aware of Who You are Helping- whether you are volunteering at a book drive, raising money for domestic violence shelters, collecting supplies for veterans, or just handing out fun freebies at a cookout while representing your club, it's important to remember the impact we have on those we are helping and the effect that has on those around them.

 2. Take Time to Make Time- there's an old saying "A little goes a long way". This is never truer than when you are committing to help with your local women's club. Setting up decorations for a luncheon, donating supplies for an event, and signing up to cover a booth at a fundraiser are all ways you can contribute. These moments, no matter how small, help the club to collectively affect the community.
- 3. Grow as you Go- as a club member you've committed to helping the community, but this is also a time to help yourself. Take the time to learn from those around you by asking questions, listening to advice, and even picking up new skills. Go out of your comfort zone on occasion and push yourself to try new things.

These tips are just the beginning of learning how you, as a woman and a club member, affect your community and those around you every day. Be sure you are taking time to reflect on what you want your impact to be and how you can be effective in making change happen. Throughout history, it's been women who have been a major part of change including lobbying governments to improve poverty conditions, securing the nation's first juvenile court (1899), and even implementing clean water systems in places like Dallas and Philadelphia! Take pride in that history and think about how you can evoke change in the future.



A MESSAGE FROM CHAIRMAN OF COMMUNITY IMPACT

Ginger Osman gosman@uci.edu 714.656.8110

Kindness Bags

It is not too late to get started on your Community Impact Project. As I have suggested before, help your homebound seniors with basic needs. The Woman's Club of Cypress started with approximately 27 homebound seniors, and we now have double that count. We deliver our Kindness Bags every other month by following the Meals on Wheels delivery. We know them personally and their smiles win us over all the time. Our Kindness Bags includes toiletries, cleaning supplies, dish soap, towels, and many other little surprises.

Many of our new members have volunteered to help deliver the Kindness Bags and they are excited to be involved in this project. It is a winner!! I have been delivering these bags over the last 3 years and I have enjoyed it so much. Our seniors feel wanted. This is an excellent project and if your club is interested in it, please give me a call.

Our goal is to create a positive impact with our homebound seniors and to extend this program to other clubs.



Urgent Actions to Combat Climate Change

A MESSAGE FROM CHAIRMAN OF A MESSAGE FROM CHAIRMAN OF ENVIRONMENT

Veronica Gonzalez 562-275-9032 veroyouunan@gmail.com Climate change is an existential crisis that demands immediate action from us all. The dire consequences of rising temperatures and extreme weather patterns are becoming ever more apparent. It is crucial for us as individuals, to join forces and engender change at various levels. The importance of writing to representatives and implementing lobbying and activist efforts focused on corporations is now paramount in our effort to mitigate these extreme weather patterns. And this is how we do this.

1. Writing to Representatives: A most effective way to influence policy decisions and spur action on climate change. Public opinion has a powerful impact on shaping legislation. By expressing your concerns, values, and expectations to elected

Climatologist, Dr. Katharine Hayhoe, emphasizes this point, stating, "Individual action needs to be part of a broader portfolio of solutions that includes holding elected representatives accountable."

2. Making Personal Changes: While systemic change is necessary, personal responsibility plays a crucial role in mitigating climate change. Simple lifestyle modifications can effectively reduce carbon footprints and inspire others to follow suit.

Adopting sustainable practices like conserving energy, reducing waste, eating a plant-based diet, and opting for eco-friendly transportation are all ways we can contribute to confronting climate change.

3. Lobbying and Activist Efforts Focused on Corporations: Pressure can be exerted on corporations to adopt sustainable practices through lobbying and activism. The power of collective voices demanding change from major industries is instrumental in creating systemic transformations.

"The 2020s will determine the viability of billions of people on this planet," warns climate activist Greta Thunberg. She urges grassroots movements to demand that governments and corporations prioritize the planet's future.

Promoting sustainability, divestment from fossil fuels, and investing in renewable energy are essential steps to address climate change collectively. Activist organizations like Extinction Rebellion and Greenpeace exemplify the impact of dedicated lobbying and direct action.

Through writing to representatives, making personal changes, and engaging in lobbying and activist efforts focused on corporations, individuals can drive significant progress. Let us adopt a united, collective resolve to combat climate change, harmonizing our personal actions with systemic transformation. Here is where you can find your legislators:

<u>www.senate.gov/senators/senators-contact.htm?Class=1</u> <u>www.house.gov/representatives/find-your-representative</u>



A MESSAGE FROM CHAIRMAN OF ARTS AND CULTURE

Linda Holman enrichedspirit@aol.com 714-329-8177

The Wisdom of Native American Culture

The Native American culture is one of wisdom, traditions, and values that have been passed down through countless generations. Their deep connection with nature, reverence for the land, and rich spiritual beliefs offer invaluable insights that modern society can learn from

One of the characteristics of Native American culture is their profound respect for the natural world. Unlike the prevailing modern worldview that often treats nature as a resource to be exploited, Native Americans view the Earth as a living entity that deserves reverence and protection.

They have always understood the interconnectedness of all life forms and the delicate balance that sustains the ecosystem. By adopting such an outlook, we can foster a greater appreciation for the environment and take more responsible actions to protect our planet for future generations.

Spirituality plays a central role in Native American life, and their beliefs are deeply tied to the land, animals, and celestial bodies. They practice mindfulness and are attuned to the present moment, embracing a sense of oneness with their surroundings.

In today's fast-paced, technology-driven world, learning to slow down, reconnect with our inner selves, and find a sense of spiritual grounding can lead to greater contentment and well-being. Native American tribes often prioritize the welfare of the community over individual gain. They embrace a spirit of sharing, cooperation, and collective responsibility.

In a culture that can sometimes feel increasingly individualistic, these values remind us of the importance of supporting one another and working together for the greater good. By fostering a sense of unity and inclusivity, we can build stronger, more resilient communities.

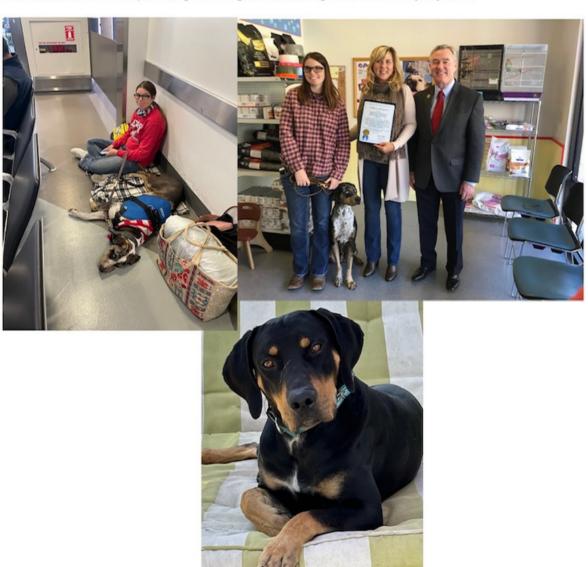
The rich oral tradition of Native American cultures is a testament to the power of storytelling. Through stories, myths, and legends, knowledge and wisdom are passed from one generation to the next. In a world flooded with information, we can cherish the wisdom of our ancestors and preserve our cultural heritage. Storytelling can be a powerful tool to educate and inspire, connecting people on a deeper level.

Native American history is marked by resilience and strength in the face of immense adversity, from colonization to forced relocations. Their ability to endure and maintain their cultural identity serves as a powerful lesson in the face of challenges.

The Native American culture offers wisdom and teachings that can significantly enrich modern society. By embracing their respect for nature, spiritual mindfulness, communal values, storytelling tradition, and resilience, we can create a more harmonious, sustainable, and compassionate world.

Service Dogs and the lives they save

15 years ago Cindy Sanders, the current CFWC Recording Secretary, was looking for a Service Dog to help her disabled daughter. With a price tag of \$25,000 for a Service Dog, Cindy decided to raise and train a pup herself. After successfully raising her first Service Dog, she has trained and donated twelve life savers with paws. She has received several awards and has met some amazing survivors. The recipients of her gifts include a police officer, a young girl, Veterans and of course, her daughter, Bethanie. Each dog is as special and unique as the person that needs it to help them get through the challenges of their everyday lives.



Orange District 2023 – 2024 PEAL/CALL Schedule 2023

4	
August 4	September CALL messages Due
August 11	September CALL sent out
September 15	October PEAL Messages Due
September 22	October PEAL Sent Out
October 6	November CALL messages Due
October 13	November CALL Sent Out
November 10	December PEAL Messages Due
November 17	December PEAL Sent Out
December 8	January CALL Messages Due
December 15	January Call Sent Out

2024

January 19	February PEAL Messages Due
January 26	February PEAL Due
February 2	March CALL Messages Due



Please join

CFWC Orange District End of Summer FUNdraiser

Saturday, September 23rd 1:00PM Reception / 2:00PM Curtain

TICKETS \$40.00

To purchase tickets contact Natalie at 714-856-9655

Seats are limited! This event will SELL OUT!

The Phantom Projects Theater 311 S. Euclid St., La Habra CA 90631



The Barber City Womans Club is holding a fundraiser on August 19 @ 10:30. RSVP by the 17th. so we can make sure to have enough supplies on hand. Coffee and light refreshments will be served